

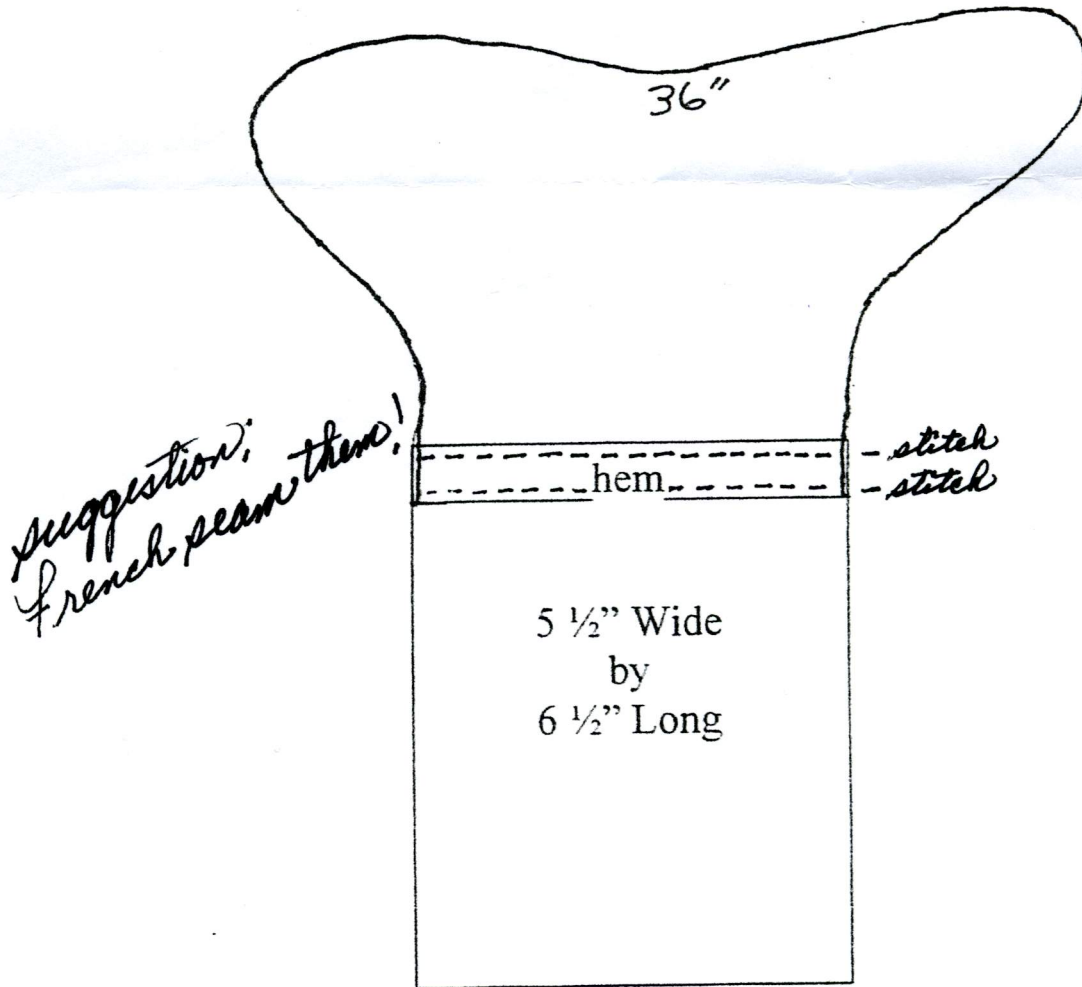
HEART MONITOR BAG

*to be distributed
to the
Calabash VFW
Ladies Aux.*

These should be sent to Minneapolis VAVS Representative for distribution to facilities requesting them.

Use light weight, washable, cotton print
Print should not be too wild or bold, but respectful in design.

The completed size is 5 1/2" x 6 1/2"
With 36" cord/bias tape/ribbon attached at side seams,
For users to wear around the neck.



Directions for Heart Moitor Bag:

1. Cut fabric 7" wide and 17" long to avoid a bottom seam.
2. Fold in half with right sides out (8 1/2" long). Stitch raw edges with a scant 1/4 " seam.
3. Turn wrong sides out and stitch on one (1) side, enclosing the 1/4" seam. Measure over to the other side 5 & 3/4" and mark a line, then sew. This should then measure 5 and 1/2" when turned right side out.
4. Turn hem down so outside length is 6 & 1/2" long. Pin tape, cord, or ribbon inside near or on seams and stitch hem down.

* from seam line

